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THE CANADIAN NURSE

AND HOSPITAL REVIEW

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THE

CANADIAN NURSE

A Monthly Journal for the Nursing Profession in Canada

Editor and Business Manager.....MISS HELEN RANDAL, R.N.

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1921
Annual Conventions

Canadian Association of Nursing Education

MAY 30th to JUNE 1st

Canadian Association of Trained Nurses

JUNE 1st to 5th

Quebec City

Some of the important topics to be taken up will be: "The McGill University Scholarship"; "The Future of the *Canadian Nurse* Maga-

zine"; "A Central Information Bureau"; "Paid Secretary for the C. N. A. T. N."; "Increase of Affiliation Fees"; "Canadian Nurses' Memorial for Nursing Sisters"; "Arrangements for a Private Duty Section," etc.

Convention headquarters will be at the Chateau Frontenac, Hotel Quebec. European plan. Double room, with twin beds, $3.50 per day. Reservations should be put in promptly by those attending convention.

The programme will be of the greatest interest to all nurses engaged in public health work, hospital administrators and private duty nurses.

The entertainment committee are planning a delightful series of pleasures for the delegates, with one special trip of historical interest arranged for.

Every hospital should see that at least one member of the nursing staff can attend, and associations try to send their full quota of delegates.

Tentative Programme of the Public Health Section C.N.A.T.N.

Address by Dr. Helen MacMurchy, Chief Division of Child Welfare, Federal Department of Health, Ottawa. Gereralized Public Health Nursing and Specialized Health Nursing, with discussions on both points of view. Survey of Public Health Courses in our Canadian Universities. The University Public Health Course from a student's viewpoint. Reports of Health activities in various parts of the Dominion, from Provincial Committees. Business of the Section.

N-1379

The Place of the Nursing Body in World Progress

By Mrs. S. E. Clement

To indicate the place of the nursing body in world progress means defining its relations to other influences which contribute to the swiftly-moving moral issue of the day. All pessimists to the contrary, we believe this is an unprecedented age of progress for the world in matters of human welfare. It would seem a herculean task for one to attempt such a definition, especially one who is non-professional in every sense of the word, and yet, it is possible that the very fact that such a survey of the profession of "nursing" must of necessity be most cursory and superficial, it can perhaps be better done by an "outsider" looking on *results* rather than *efforts*, and being to a large extent unhampered by the prosey every-day obstacles that beset the path of the professional nurse honestly struggling to give the world an upward lift.

In order to paint a fitting background that we may more clearly see the progress the nursing body has made, let us look backward a few years, first to the 12th century, which is about the first nursing body history makes any record of, and we are told that Abbess Hildegarde formed among her friends a school for training to help nurse in the hospitals; very little more is heard of nursing until the advent of Florence Nightingale, with whose story you are as familiar as with your own; never will Britishers cease to feel gratitude for the little English nurse, who had such a big faith in her calling that from childhood she could not rest until she had done her bit to mitigate the miseries of suffering fellow beings. We are told from the age of 15 she was a constant visitor in the hospitals of London, and was so grieved with the woeful evidences of inefficiency that she resolved she would not rest until she could find a better way to *conduct hospitals and nurse the sick*. Accordingly, she visited Europe's best in Germany and France, receiving much valuable instruction, and returned to England two years before the outbreak of the Crimean war equipped with the best she could find, and set to work at once to incorporate her ideas into the nursing body of England. Later, we remember how she gathered her noble band of forty women and went out to comfort and care for the thousands of tortured and wounded and dying soldiers of the Crimean valleys. Every school child to-day can tell the story of how she came to be called the "Lady with the Lamp." The old saying of the poor wounded fellows, "Flit on cheering angel" (a sentence formed from the letters of her own name), was indeed prophetic, for she has been "lighting the lamp" of countless other "cheering angels" all down the 19th and 20th centuries, even to our own day, and who shall say how much of our present day progress we owe to the inspiration of her counsel and books and her unselfish devotion?

The impetus which was given by Florence Nightingale toward more efficient training for nurses was carried over to the new world in 1870. Miss Louise Lee, the founder of the New York Charities Aid Association, organized a training school for female nurses at the Bellevue Hospital. Now, every hospital, except the very small ones, conducts a training school.

My first picture dates back about sixty-eight years. Now, let me bring you nearer home. Thirty-five years ago, which is quite within my own recollection, a "trained nurse" was an unknown quantity in Manitoba. Perhaps a personal incident will not be out of place. I well remember a day when a nurse was sorely needed in our own home, and the doctor said the only one he knew was an old woman who had been a trained nurse in England, and if she could be sobered up she might do; so my father and the doctor fared forth, and in a short time brought her back on a stretcher drunk. By night she had slept off the effects of whiskey, and proved a capable and efficient nurse.

It is a far cry from that day to this. Yes, undoubtedly, what wonders God hath wrought! but, as of old, He used the Human instrumentality to bring things to pass. Let us turn aside for a moment and consider some of the issues of world progress: How long our mothers and the "Women's Christian Temperance Union" labored to bring us prohibition. In the process of time it had to come, because the people were being educated to demand it, yet, to-day we scarcely dare to think of prohibition as an accomplishment. It will yet require all the integrity of statesmanship that our Government, Provincial and Federal, can boast to keep the monster down. Even in the past two or three years we see the tremendous influence for good the suppression of the liquor traffic has had upon world progress, and what may we not hope for with a nation manned by sane men and women with clear brain and clean bodies?

The world is making tremendous strides, too, in clearing away many other obstacles retarding human welfare; as, for instance, the opium trade; irradication of venereal diseases; the substitution of self-supporting colony farms and honest labor, for the old system of solitary confinement of our prisoners in jails and penitentiaries; the classification of delinquents, men, women and children with regard to age, experience in crime, disease and mentality. Especially are we grateful for the progress in this regard for children through our juvenile courts—many a delinquent child so called is but an unfortunate creature of and should never be handled by the ordinary officers of the law, nor know the significance of court-room or jail. Such contamination has sent many a well-meaning child on the downward path of crime. In the study of our child-life we are yet in our infancy—how long shall we continue to be "stumbling blocks to God's little ones?" The segregation of the feeble-minded—a menace which has been permitted to flourish unhindered until modern science opened the eyes of the world to

the fact that there is such a thing as mental hygiene—how long have we looked upon the unfortunate inmates of our insane asylums as outcasts of society, doomed to a living death? To-day modern science and surgery seem to offer them a hope of liberty. At last we have been taught to look upon these institutions as "hospitals for the nursing and treatment of the mentally sick," and we believe there is a very considerable desire on the part of nurses and medical men to "follow the gleam" in this important phase of world progress. Who can estimate its possibilities? While passing through New York on my way home from Atlantic City, a year ago, where I attended the great International Social Welfare Conference, I spent an afternoon visiting the Institution for Feeble-minded on Randall's Island, New York City. There I was amazed to see the ability and confidence with which that highly important and many-sided institution was managed and conducted by the lady superintendent and medical chief, whose names I have forgotten, but who were both very young in years, but old in experience. It gave me a thrill of real pride to hear at that convention a report of our mental services in Manitoba, conducted by Drs. Clark and Hincks, of the "Canadian National Association of Mental Hygiene." As a member of the Public Welfare Commission of Manitoba, I was invited to speak, and in my humble way tried to show them what we were planning to do for Manitoba in the way of improving our hospitals and institutions of public welfare. I am proud to say, in the discussion which followed, they assured us that Manitoba led the world in a "mental survey" of this kind.

Speaking of influences that have made for world progress, we are reminded that *woman*, in working for the emancipation of others, has herself been emancipated, of which her enfranchisement is a tangible evidence, also her admittance, on equal terms with men, into almost every walk in life, educationally, professionally and of the business world.

To complete the circle, which has been a circuitous one, we come back to the "nursing body," and we find that her point of contact with all other phases of world progress is that of social service. It is impossible to separate the professional from the social, whether it be in hospitals or in the homes of the people.

Perhaps the greatest factor in bringing the public mind, as well as nurses themselves, to appreciate the tremendous influence of the nursing body, was the great World War, when at the call, *women*, the world over, counted themselves no dearer than their men as they hurried overseas. How well we remember the efforts of your institutions, the "Canadian National Association of Trained Nurses," "St. John's Ambulance Brigade," the "Victorian Order" and others struggling to keep the nurses fit and up to standard. All could not go, but both those who went and those who manned the hospitals at home covered themselves with honor, because of their courage and sacrifice, One writer said:

"They have nursed, and scrubbed floors, and cooked, and carried loads, and driven cars; they have been wounded and splashed with the horror of fight and disaster; they were there to take it all, and they have taken it all, and now they have come back, some with medals and some without, because the kind of work they did was not the spectacular kind."

"Mid the war's great curse, stands the Red Cross nurse.
She's the rose of "No Man's Land".

Our hearts throb with pardonable pride when we mention in this connection the Royal Red Cross and other honorable distinctions won by our own dear matron of Brandon General Hospital, Miss S. F. Johnson, and we think of many other Canadian girls who won signal honors, and of some who, like our brave men, gave their all, but whose memories, with Edith Cavelle's, shall be kept green forever.

"Tell them, O guns, that we have heard their call,
That we have sworn and will not turn aside,
That we will onward till we win or fall,
That we will keep the faith, for which they died."

"The Anxious Dead," by LIEUT.-COL. MCCRAE.

Following so close upon the heels of war came that other calamity, the "influenza epidemic," and here, perhaps, was the real test of our nursing body. Those who had come back, many broken in body and spirit, unfit to take up the burden of life again, and those nurses on duty, weary and worn out, doing double duty; health nurses, trained nurses, V. A. D.'s volunteers, and all were inadequate to cope with the terrible scourge. So we started out on a campaign for reinforcements. Your National president, Miss Gunn, solicited the aid of the National Council of Women, and a Dominion-wide campaign was launched to induce High school and college girls to take up nursing, with what measure of success the next few years will tell. Surely there is no higher calling for young womanhood; the sacrifice is great and the road is hard; not so hard as it used to be, but still a hard road, for the pupil nurse, and still too poorly recompensed. Much has been done in the way of shorter hours, and standardization of hospitals, but much is still to be done, and one of the primary needs in Manitoba is efficient supervision and inspection. This we confidently look for in our new "Board of Welfare Supervision" now being appointed. It pleased me greatly to see several important amendments to your constitution one year ago, which I have no doubt were inspired by your former president, Miss Ethel Johns, now of Vancouver, formerly of the Sick Children's Hospital at Winnipeg, and who, with Dr. Mather and others on the "Public Welfare Committee," made an inspection of the Provincial Welfare institutions, with the result that recommendations were reported to the Manitoba Government for many radical and important changes in hospitals and nursing. For instance, better *affiliation* by means of exchanging groups of student nurses to permit of wider circles of ex-

perience by serving for short periods in other larger or special hospitals; another, that some course of instruction should be opened to nurses in the University of Manitoba, which, though granting your diplomas, does not as yet offer any place on its curriculum. Another important recommendation of that report is in connection with the working out of that wonderful scheme of provincial school health nurses; after our nurses have made their examination of a child and recommend certain treatment (it may be an operation), over and over again they are faced with the bald fact that the parents have not the wherewithal to pay the fees of medical services. Is the child to suffer? no—emphatically; and we have suggested to our government that all children up to 14 years of age be treated free in our hospitals.

Some have called this the hospital age, and advocate that all treatment of the sick should be in hospitals, where patient, physician and nurse might have full advantage of every modern scientific equipment.

It is not improbable that in the near future some system of free health, rural or urban, perhaps state health or health insurance, shall be evolved which will solve the present unfair situation, which provides the "very poor" and the "rich" with a physician and nurse, but denies them of self-respecting families living on the moderate income, who cannot pay for service and will not accept charity.

Recently our Federal Government has given us a department of health and a special department of child welfare, under the able supervision of Dr. Helen MacMurchy, who visited us last Friday while making a trans-Canada tour in the interest of her department, and who shall say this is not the banner sign of world progress when our government says, "Our greatest national asset is 'the child,' and the first duty of citizenship for every man and woman is to do their utmost to improve the race and to maintain the highest standards."

Perhaps the most important bill to come before this session of the Manitoba Legislature is the Child Welfare Bill, compiled by the Public Welfare Commission, and which affirms as its first principle "responsibility of government in seeing that the primary needs of all children are provided for from some source, and that the reasonable needs of the handicapped and less fortunate of its citizens shall be adequately supplied."

The place of the nursing body in world progress is surely well up in the van of this forward moving procession, citizens, preachers, teachers, social workers, nurses, business and professional men, statesmen and women who believe in and work for the national health of Canada, physical, moral and spiritual.

"It ain't the individuals, nor the navy as a whole,
But the everlastin' team work of every bloomin' soul."

—Read at the Convention of the M.A.G.N. at Brandon.

Annual Meeting of the Graduate Nurses' Association of British Columbia

The ninth annual meeting was held March 28th, 1921, at the Royal Jubilee Hospital, Victoria, the first vice-president, Mrs. Johnston, in the chair. The invocation was given by Bishop Scholfield, followed by an address of welcome by Mr. J. B. Clerihue, M.P.P., responded to by Miss Stott, of New Westminster. The report given by the registrar, Miss Randal, showed that a total of 1216 nurses had registered since the passing of the act, five members have died during that time, and 145 dropped by reason of non-payment of their annual fee. The auditor's statement showed a cash balance on hand of $5,040.33. The secretary's report was read and adopted, showing the work done in the past year. The report of the "Graduate Nurses' Association of British Columbia Scholarship" committee was then given and adopted.

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It shall be awarded once only during the current year of the association, and shall not be repeated without authorization from the association as a whole.

CONDITIONS OF AWARD

(a) That the beneficiary be willing to serve at least one year in the Province of British Columbia, after course is completed, if a suitable opportunity occurs. Should circumstances be such that she preferred not to fulfil this condition, the scholarship moneys should be returned by her to the association.

ELIGIBILITY

Any member in good standing of the Graduate Nurses' Association of British Columbia shall be permitted to make application for this scholarship, provided she has been engaged in the practice of her profession in this province for at least one year prior to her application for the same, or has been a pupil in a recognized training school in this province.

SCHOLARSHIP COMMITTEE

The Council of the Graduate Nurses' Association shall constitute a scholarship committee, who shall enquire into the credentials of all applicants for this scholarship, and shall recommend to the Association as a whole the applicant, or applicants, as they consider most suitable. The final decision shall be made by the vote of the Association as a

whole. The Council may consult such educational authorities in this connection as they think fit.

ANNOUNCEMENTS

The widest possible publicity shall be given to the fact that this scholarship is to be awarded both in the Canadian Nurse Magazine and in the public press of this province. The hospitals of the province shall also be circularized and the various groups engaged in public health, also all associations of nurses shall be notified at least three months before a selection of the candidate is to be made. The conditions under which the award is to be made shall be plainly set forth and instructions given as to the method of application.

Courses and universities available to be stated on announcement.

Suggestions to the Council of the Graduate Nurses' Association of British Columbia as to the best means of choosing candidate for scholarship.

BASIS OF SELECTION

Provided the candidates fulfil the conditions mentioned in the foregoing statement, they shall be selected with regard to their fitness in the following respects:

(a) General character, mentality and temperament.

(b) Previous professional preparation in its relation to the course selected.

(c) Preliminary general education.

(d) Professional record while in training and subsequent to graduation.

METHOD OF SELECTION

Announcement having been made as previously outlined, the Council shall hold such meetings as may be necessary, when applications shall be received and considered. Having due regard to the basis of selection outlined above, such person or persons as may appear eligible shall be recommended by the Council and voted upon by the Association. If necessary, candidates may be required to prepare a thesis on some professional subject.

DISQUALIFICATION

Canvassing on the part of applicants shall disqualify them.

No nurse having been a beneficiary in any post-graduate work shall be eligible for this scholarship.

The report of annual survey of training schools was then given by Miss Randal. Fourteen training schools had been visited, and results are already noted, following the visit of last year. The great need of treachers in these smaller schools was pointed out, and the suggestion was made that the G. N. A. of B. C. work out some plan of supplying this need. It was then decided by the meeting that a committee be

formed, with Miss Randal as convener, to consider the possibility and advisability of securing a nurse to act as travelling teacher.

The report of the committee on registration examination details was submitted by Miss Haskins, convener.

The enrolment of nurses under the Red Cross for emergency service was again brought forward, and the signing of the pledges by all members was urged strongly. The advisability of changing the by-laws was discussed, and it was decided that the incoming president should appoint a committee to revise certain clauses. Miss Breeze, Miss Jessie MacKenzie and Miss Randal were appointed delegates to the coming National Convention in Quebec.

The evening session was devoted to speakers and musical programme, the Hon. Dr. MacLean being the first speaker, on "The Health Programme of the Government of British Columbia." Dr. Miller then spoke briefly, laying special stress on child welfare. A most excellent musical programme was then given, and the meeting closed with refreshments and a social gathering in the reception room of the nurses' residence.

The following officers were elected for the next two years: President, Miss Elizabeth Breeze; first vice-president, Miss Jessie MacKenzie; second vice-president, Miss Marion Currie; registrar, Miss Helen Randal; secretary, Mrs. M. E. Johnston; councillors, Misses J. Tolmie, McAllister, Stott, Turnbull, Johns, Boultbee and Macmillan.

Nursing Ethics

By Florence J. Potts

Read at the C. A. N. E. Convention, July, 1920

In dealing with this subject in a short paper, it will be best, *first* of all, to define the term "Ethics," and *then* to trace its *relation* and *importance* to the profession of nursing.

Ethics has been well defined as the science of ideal humanity; in other words, it seeks to determine the principles by which conduct is regulated from the highest view of life. And if human conduct is based on high principles, it is bound to be conducive to a fine type of character. From this point of view, ethics concerns all classes of people, and especially those who are preparing to enter the nursing profession, for there is perhaps no class of women to-day of whom more is expected than the trained nurse. "Educated" she must be—not only in those things pertaining to the care of the sick, but "educated" also in regard to right thinking and right conduct.

Important as the various subjects of the curriculum are in the training schools, equally important must be the ethical teaching as well.

To neglect this is to send graduates out not fully equipped to cope with their professional responsibilities.

The young woman, therefore, who decides to take up nursing, should dismiss from her mind that it is merely a pleasant and lucrative form of occupation. If she would succeed, high ideals are absolutely essential. She must try to realize that the profession originated for the good of humanity; and if it is to hold the high place in the world it has won, *then* this ideal must not be lost sight of.

The most favorable time to instill the ideals of our profession is during the probationary year, and this for two reasons: (a) When probationers enter upon their duties first, they are young and most impressionable. Everything is new and vastly different. Life in an institution is not the same as life in a home—*there* everything speaks of health and joy and freedom to a large extent; *here* the whole aim is to restore health and joy and true freedom, which come from discipline. This period of change, therefore, which a young probationer must feel on entering such institutions as ours, is the time for showing and teaching the necessity for high ideals in service of humanity. (b) A second reason is this: It must not be thought that ethical teaching can be deferred until the last year of training; it takes time to acquire, and cannot be deferred without serious loss to the profession itself and to the success of the individual.

I will suggest four ways by which the ethics of a training school may be helped:

(a) In attending the services of the church to which the pupils belong as regularly as possible. The influence of the church is unexcelled for emphasizing and developing the ethical springs of conduct. The culture of the heart is as necessary as the culture of the mind, and the church is the source of this moral teaching.

(b) In cheerfully carrying out the discipline of the school. To many minds, discipline is associated with life in the army and navy; and there are many who cannot see the use of discipline, and so find it irksome. Yet discipline is essential, both for the institution and for the individual. Without it in the institution everything would be chaos. Carelessness, inefficiency and failure would soon characterize the work. As regards the individual, it tends to give a spirit of calmness in time of emergency. It produces a certain determination of character, and it inspires feelings of confidence and self-respect—and all of these qualities are essential to a successful nurse.

(c) Much assistance along this line can be gained from the influence and example of the senior pupils. To them, naturally, the "juniors" look up—and rightly so. If in them they see the principles and regulations carefully and faithfully carried out, it will do much towards showing the importance and value of the whole system and give a moral tone to the whole school. The institution will thus be put

first and the individual second, and a good "esprit de corps" will be present throughout all the classes.

(d) I would like to mention the helpfulness from journals or magazines on nursing. Senior pupils should be encouraged to take nursing journals, read them, and now and then offer a contribution. Even if it is rejected, it will have done her good to write it, and, in the end, may prove successful, and she will have the satisfaction of having done something worth while. Good reading, long walks, the cultivation of happy friendships, all lead to true culture, which always makes the man or woman a more desirable and useful member of society.

There are many fields open to the graduate nurse of to-day; and if she chooses the broad fields of private duty, her ethical teaching will be her guide in many ways in dealing with her patient, his family and friends. By her manner, her work, or unladylike remarks with a sensitive patient, she may undo all that her skill has brought to the home. Those delicate personal traits which belong to the profession are things about which one cannot be told as to the best methods of acquiring, but it is very essential for a young nurse to keep them in mind, and then, when called upon to give one of the many little attentions to her patient, she will gradually begin to see that these things are done in the best possible way, rather than in a haphazard fashion. In dealing with her patients, the broader and more liberal her education, the less likely she will be to make mistakes.

Nursing is one of the broadest professions. There is almost no phase of human nature with which a nurse may not be called in contact. Her sympathies and understanding of life must be equal to many occasions if she would fulfil all the requirements and possibilities which are before her.

We all agree that good nursing, skill and sympathy go hand in hand. Why is it said that nurses are more apt to fail in the ethical than in the technical side of their work? Do we demand order, cleanliness and skill to the discomfort of the patient, or are we getting away from our ideals and placing more value on the development of technical skill than on the development of the heart? If a nurse would have the truest and highest success in her work she would have, either inborn or by cultivation, a reverence for her work and everything connected with it. Civilization, science, progress naturally change its direction, but never weakens its force.

We read that the two most distinguishing traits in the character of Florence Nightingale were her thirst for knowledge and her love of thoroughness. She was willing to take any pains to secure the first and she insisted on the second, and because of this her work abides to-day. If our nurses are urged to read and study the story of her life, it cannot but uphold the great traditions of our profession.

Editorial

Convention matters are being much discussed these days in the various affiliated associations, and it is to be hoped that, from one end of Canada to the other, a full representation will be present. Hospitals were circularized last year, asking that the executive officer, whenever possible, should be sent to these national conventions at the expense of the hospital as one means of increasing the efficiency of these institutions. Just what the response was the Editor does not know, but very much smaller than it should have been. Perhaps this year more may be sent, as is only right and wise.

To all of us a visit to Quebec, with its historical interest, will be one to be remembered specially. It is the nearest approach to a visit to foreign countries that we can get this side of the ocean, and the reading of the "Chien D'or," by Kirby, and several of Gilbert Parker's books will put us all into closer touch with the history and traditions of the ancient city. A special trip of historical interest is one of the pleasures that the Quebec nurses have planned for us, and should be most delightful.

* * * *

The appeal all over Canada from Lady Martin Hervey for money for nurses in England has brought forth protests from nurses everywhere, in Canada as well as in England. It is to be regretted that the feeling of the nurses should not have been taken into consideration before a wholesale appeal for money for them was made. It is anything but a commendable effort to help; and one which every nurse should resent most emphatically. If nurses in England are in the financial state that Lady Martin Hervey would lead us to believe, then why not see that they are paid enough by government and other employers to enable them to stand on their own feet and not be the subject of such appeals, which are degrading to the State-recognized profession of England?

Why nurses should be subjected to such humiliating experiences is hard to understand. Perhaps if the College of Nurses, Ltd., whose receipts, we understand, are being given out to those answering the appeal, was composed, as it should be, of the nursing profession only, such things would not be. Those who are really interested in nurses and the future of the profession know that we are as capable as any other profession of handling our own affairs and staging our own appeals if we wish to have them made. Whatever Lady Martin Harvey's ideas or wishes were in this matter, we think that she has been most unwise in continuing an appeal that is so distasteful to many nurses, both in England and Canada.

Letters to The Editor

DEAR MADAM:

There is published under "Letters to the Editor," in last issue of the Canadian Nurse, something over the words, "Private Nurse," which, as I read, made me grow hot with shame that anything pertaining to the subject of private nursing, so remote from the work, so misleading, so petty and so utterly crude, should have found its way in among the regular thought-toned articles of our National Nursing Journal.

The thing is of local coloring and, though an anonymous signature to any such must in itself set the stamp of the writer's calibre, yet does it not, most unfortunately, reveal the actual identity of the writer, and it is in this fact that I have a personal and positive grievance. I, too, am a private nurse, and it is my proud boast that I, particularly, am a private nurse. Now, Madam Editor, you will see my point when I beg of you in self-interest, and in the interest of others equally indignant, to reveal the name of the writer.

It may not be for me to clear the Hospital Board of the local Training School of the implied stigma cast upon it, for it has long been generally known that hospital boards of recognized training schools retain in full the power of dismissal of pupil nurses after, at longest, the finish of the first year of training. This I trust to one whose position more directly carries the responsibility of the standing of the institution, but I must remark that the paragraph to which I allude cannot be said to possess recruiting possibilities.

I have read with interest each article as presented in the Journal upon the perplexing subject of private nursing, and, indeed, was myself about to offer some ideas as gleaned from years spent in the work. The offer of these, however, can wait; meanwhile, Madam Editor, in the name of conscience, let us have the name of the writer of that which was published in the March number of The Canadian Nurse, Canada wide, under "Letters to the Editor," and signed "Private Nurse."

Yours respectfully,

ANNIE A. KENNEDY.

779 Bute Street, Vancouver, B.C.

EDITOR'S NOTE: Re letter to editor. In regard to the letter of last month, to which Miss Kennedy's letter this month refers, it is only fair to "A Private Nurse" to keep her incognito, as she complied with the rules of the magazine and sent in her name as an evidence of good faith. Numerous letters which are not signed come to this office and are not considered at all. If this requirement is met, then the department is for the free expression of opinion of the nurses—which would be hampered if names were given out to the public as suggested. As

Miss Kennedy's letter gives the impression that the letter was written by a nurse resident in British Columbia, it is only fair to state that, so far as the editor knows, the correspondent of last month has never been in British Columbia.

The Canadian Nurses' Association and Register for Graduate Nurses, Montreal

President—Miss Phillips, 750 St. Urbain Street.
First Vice-President—Miss H. M. Dunlop, 209 Stanley Street.
Second Vice-President—Miss J. Craig, Western Hospital.
Secretary-Treasurer—Miss Susie Wilson, 638a Dorchester St., W.
Registrar—Mrs. Burch, 175 Mansfield Street.

The monthly meeting of the C.N.A. was held in the club room on Tuesday evening, March 1.

After the transaction of usual business, Miss Shaw gave an interesting address to the nurses on her work in the School for Graduate Nurses at McGill College, with an outline of the development of public health nursing.

Miss Hersey and Miss Hall have gone for a month's holiday to Bermuda.

We are glad to know that Miss Ella Lewis, who has been a patient in the Western Hospital, is better, and has left the hospital.

Miss Ingraham and Miss Dickie have taken positions in the S.C.R. Military Hospital at Ste. Anne de Bellevue.

Miss Lucy White has returned from Saranac Lake, where she enjoyed a week's holiday.

Mrs. Haugh, who has been doing special nursing in Montreal this winter, has gone to join her husband in Hamilton, Ont.

We regret to announce the death of Miss Mary Grace Houghton, a former member of the Association, which occurred at the General Hospital on the 19th March.

The Graduate Nurses' Association of the Province of Quebec held its second meeting in Sherbrooke on March 15th. Those present included Miss Delaney, president, Miss Young and Miss McCannon, of the General Hospital; Miss Colley, representing the Canadian Nurses' Association; Miss Chagnon, representing the French nurses, and Miss L. G. Phillips, secretary-treasurer of the Association of Registered Nurses. Addresses were given by Dr. W. W. Lynch and Dr. Ledoux.

News from The Medical World

By Elizabeth Robinson Scovil

The Increase of Cancer

It is stated that in the last six months of 1920 there were 2691 deaths from cancer recorded in New York City, exceeding by 22 the deaths from tuberculosis. In one week there were 125 deaths from cancer, almost 18 a day. The attention of medical men is called to the great importance of the study of the disease. It increased more than six and a-half per cent. over the previous year.

Sterilization of Instruments

A writer in a medical journal says that neither carbonate of soda, nor bicarbonate of soda, added to the water, will prevent rusting of instruments boiled in it. This is due to the carbon dioxide in the water. To prevent it 2.5 gm. of sodium hydroxide should be added to 1000 gm. of water. It should be allowed to dissolve for two minutes, to combine with the carbonic acid of the water before the instruments are immersed in it.

Helping Children of the Tubercular

A society exists in France for the purpose of removing children of tubercular parents to homes in the country, where they may grow up in a healthy environment. It has been found there that children adopted into country homes usually grow up to be farmers, or marry farmers. It is urged that this measure should be adopted as a link in the chain of world measures against tuberculosis.

Difficult Catheterization

A physician describes his method of catheterizing in difficult cases. He introduces a No. 18 soft catheter as far as it will go and then inserts through it a stiff metal catheter, No. 8 or 10 curved, as far as it will go. Then he twists this soft catheter on the metal catheter until it reaches the bladder. The metal catheter does not force the obstacle but serves to transmit to the soft catheter the force from the fingers. He has never known harm to result from this procedure.

Epilepsy a Symptom

The British Medical Journal has a paper in which the author states he is convinced that epilepsy should be considered as a symptom, not as a disease. He believes the convulsions due to varying causes and associated conditions. By study the cause may be revealed and then appropriate treatment, either surgical or medical, may be undertaken.

Poisoning by Borax

A case is reported of death from taking about an ounce of borax. The victim thought it was a saline cathartic. The acute symptoms were pain in the epigastrium, strangling or choking, the extremities cold and clammy and cyanosis present. Death took place in about three hours after the borax had been swallowed. Bottles containing this substance should have a poison label.

Movements of Infants

An authority in pediatrics says that breast-fed babies usually have from two to four stools a day. Bottle-fed babies have one or two; a great many would skip a day if it were not for a laxative. If there is one stool a day, it is usually formed; if there are three or more, they probably will be soft, or even watery. Frequent stools are the result of increased peristalsis to expel some irritating fecal matter or as the result of inflammation of the mucous membrane.

Baby Welfare

The Journal of the Missouri State Medical Association has a very practical and informative article in the establishment of a Baby Health Center. The average young mother has had an opportunity at school to prepare herself for every profession except the one she is most likely to follow. Hence out of every ten babies born in the United States one dies before it is a year old. At a health center the young mother can learn to care for her baby and have it examined frequently that its progress may be noted. A representative committee can be formed from the medical and dental professions, the local nursing organization, Red Cross, women's club, boy scouts, etc. Two rooms should be procured, one as a waiting-room, the other furnished with a good balance scales, a plain table and a few chairs, where the babies can be examined and weighed. At first they should be opened three times a week. The work will soon grow.

Treatment of Burns

A French medical journal describes a method of treating extensive burns by excision of the granulating surface, loosening the skin and drawing it up to suture it together over the raw surface. It is said to produce excellent results.

Detecting Strabismus

When the squint is slight it is sometimes difficult of detection. One procedure is to ask the child to look in the face of the examiner, a card is then held in front of one of the eyes of the child and then quickly removed. If the eye that has been covered moves in order to focus on the examiner's face it is a sign of strabismus. The normal eyes focus alike whether one is covered or not.

Public Health Nursing Department

Address public health news items from each province to the following representatives:

Nova Scotia
Miss Margaret McKenzie,
Department of Public Health,
Halifax.

New Brunswick
Miss Sarah Brophy,
74 Carmarthen Street,
St. John, N.B.

Quebec
Miss Sarah Fraser,
110 Crescent Street,
Montreal.

Ontario
Miss Muriel McKay,
Industrial Nurse,
Ontario Hydro Commission,
University Ave., Toronto.

Manitoba
Miss Elizabeth Jeffers,
Suite 11A Justin Avenue,
Fleet and Doley Streets,
Winnipeg.

Saskatchewan
Miss Edna Morgan,
Normal School,
Regina.

Alberta
Miss Genevieve deTurbeville,
Prov. Public Health Dept.,
Edmonton.

British Columbia
Miss M. A. McLellan,
1883 Third Avenue, West.
Vancouver.

MISS ELIZABETH BREEZE, R.N.
Chairman of Section
125 Vancouver Block, Vancouver, B. C.

MOTHER LEAGUE CLUB

Characters

Miss Sunshine, Miss Fresh Air, Miss Cleanliness, Miss Health — Members of the "Little Mothers' League

Mrs. Jones — An ignorant mother

Baby Jones — Her sick baby

(Represented in first scene by small, sickly, dirty-looking doll. In second scene by beautiful, rosy baby doll.)

Mrs. Brown, Mrs. Smith — Friends of Mrs. Jones

Scene I.—A clean, bright, attractive room. Miss Sunshine, Miss Health, Miss Fresh Air, Miss Cleanliness seated talking together.

Scene II.—The same as Scene I.

In Scene I., baby is bathed and dressed. Usual "Little Mother's" equipment used.

Miss Sunshine—Girls, I have been reading over my essay on "The Care of a Baby." I wonder if we will ever have to practice what we learned!

Miss Health—I hope so. It is too bad that so many babies die every year from lack of care or from improper care.

Miss Fresh Air—I am going to keep my eyes open for a baby to help, or a mother to help. (A knock at door. Miss Cleanliness goes to door.)

Miss Cleanliness—Come in. (Enter Mrs. Jones with poor, dirty baby, Mrs. Brown and Mrs. Smith.)

Miss Fresh Air—Is there anything we can do for you, madam?

Mrs. Jones—If you please, miss, my baby has been weak and sickly ever since it was born.

Miss Health—How sad! We have had many such cases.

Mrs. Brown—We don't believe in your "new fangled" ideas for bringing up babies.

Mrs. Smith—No, indeed, we have brought up our big families without any of this nonsense.

Miss Sunshine—Where are your families now? Are they still healthy?

Mrs. Brown (weeping)—No; I lost three of my five.

Mrs. Smith—Two of mine are so nervous, one suffers from indigestion.

Miss Cleanliness—Ladies, this is the 20th century. The new fangled ideas, as you call them, are nothing but scientific methods put into practice. Please sit down.

Miss Health removes a lolly-pop, comfort and painted rattle from baby's fists; holds them up.

Miss Sunshine—My dear Mrs. Brown, who ever told you to give the poor child those germy things?

Mrs. Jones—Mrs. Smith told me to give her the comfort to keep her from crying, and for teething.

Mrs. Brown—And I gave her the pretty rattle—she loves to look at it.

Miss Fresh Air—But, don't you know the paint will come off and might poison her?

Mrs. Smith—I brought the dear thing the lolly-pop; she loves candy so.

Miss Health—A baby should never taste candy. I am shocked.

Mrs. Smith and Brown (aside)—They think they know everything.

Miss Health (turning to Mrs. Jones)—Did it ever occur to you how many, many thousands of bacteria that rubber comfort carries? It is a filthy thing. Besides the constant sucking is very bad for your baby.

Mrs. Jones—No, I know very little about bringing up babies. So Mrs. Smith and Mrs. Brown were kindly advising me.

Miss Cleanliness—Kind, indeed!!! (Here the baby cries loudly. Miss Health makes a move to go to her. The mother rushes to her, but Miss Cleanliness lays a firm hand on her arm and leads her back to her chair.)

Mrs. Smith—There, I knew you were a heartless lot.

Miss Fresh Air—Is that the way you spoiled your babies? Didn't you know a baby cries for exercise, and should not be picked up every time she cries? Unless she is hungry or uncomfortable she should be left alone.

Mrs. Brown—Exercise, indeed. I raised children before you ever saw one, and I never let my babies cry. (Mrs. Brown whispers with Mrs. Smith; they both sneer and leave.)

Miss Health—We know now that it does babies good to cry sometimes. It not only develops lungs, but it exercises every part of the body when it cries.

Miss Sunshine—This baby is not comfortable, I am sure, and that is the cause of her crying. (Miss Health takes up the baby; undresses her.)

Miss Fresh Air—The poor, thin baby; what a shame, and so dirty!

Mrs. Jones—I don't bath her often in the winter; she might catch cold.

Miss Health—Just the thing to keep her from catching cold. Sunshine, please get me the bath tub and we will begin right. (Sunshine gets tub and water—tests it. Health gives bath. Miss Cleanliness gets basket with articles for caring for baby's eyes, nose and mouth; arranges clean clothing for the night.)

Miss Fresh Air—Will I get a bed made up for the baby?

Mrs. Jones—I want my baby to get better, and if you can help her I will be very grateful. (Fresh Air and Cleanliness make bed.)

Miss Health—Sunshine, will you please make up a bottle of modified milk for the baby? (Exit Sunshine.)

(Baby is bathed and dressed.)

Miss Fresh Air—How much better baby looks already. The clean clothes will make her feel better, I am sure. (Enter Sunshine with bottle. Baby put to bed—fed—netting over.)

Mrs. Jones—Why did you put her nightclothes on?

Miss Health—This is the proper bedtime for a baby. It is six o'clock; what time have you been putting her to bed?

Mrs. Jones—Oh, nine or there abouts.

Miss Health—No wonder the child is sick! And tell me what have you been feeding her?

Mrs. Jones—Whatever we had.

Miss Sunshine—What *did* you have?

Mrs. Jones—Beefsteak, onions, potatoes, bread, pudding, cake, pie, etc. (Miss Cleanliness faints.)

Girls (together)—*How terrible!*

Miss Health—Until a baby is a year old she should have milk and milk only!

Mrs. Jones—I didn't know and she *likes* what I give her.

Miss Fresh Air—Did you take her out much in crowds?

Mrs. Jones—Only to friends and to the movies.

Miss Sunshine—It will be no wonder if the child dies.

Mrs. Jones—Oh, not that. Please take care of her properly for a while, won't you, to see if you can bring back her health?

ONE MONTH LATER

Miss Health—I think Mrs. Jones should be pleased with the change in baby.

Miss Sunshine—Isn't she a good-natured baby?

Miss Fresh Air—And do you remember what a time we had with her? She always wanted to be rocked to sleep and dandled all the time. (Knock. Enter Mrs. Jones.)

Mrs. Jones—How is my baby?

Miss Cleanliness—Here she is, Mrs. Jones. What do you think of her?

Mrs. Jones—How ever did you do it?

Miss Cleanliness—Simply by applying some of the new-fangled ideas described by your friends.

Mrs. Jones—I'll never again listen to Mrs. Brown and Mrs. Smith.

Miss Health—You are wise, I am sure.

Mrs. Jones—Now, may I take her home?

Miss Health—Have you been studying the books we gave you on "The Care of Feeding of Children?"

Mrs. Jones—Yes, I have.

Miss Fresh Air—Very well, be sure and follow directions strictly and you will be all right.

Mrs. Jones—Many, many thanks to the "Little Mother League" for teaching you so you could be such a help to me and my baby.

SONG BY ALL THE MEMBERS OF THE "LITTLE MOTHERS' LEAGUE"

Gone are the days of rocking babe to sleep,
Gone are the days when she bad hours did sleep,
Gone are the days of comforts and bad food,
But now the days are here, we hope, when babes are good.

CHORUS

Save the babies, save the babies
Is the chorus that we sing;
The Mother's League we all have joined
To help this boon to bring.

Baby, all clean and warm, is put so cosy
Out in Fresh Air, it makes her cheeks all rosy;

She will be well if we all do our part,
For keeping baby healthy is our fine art.
(To the tune of "Old Black Joe")

NOTE—This little play was written by a twelve-year-old girl, a member of one of the "Little Mother's Leagues" of the Vancouver City schools. It is quite original and entirely her own idea. No help was given her, either at home or at school.

FULFILMENT

A maiden prayed: "God make me beautiful,
Endow me with such fairness that the world
Shall see and own me fair. O grant me power
Great as Egypt's Queen, that men, all men,
Shall call me beautiful beyond compare."

The woman prayed: "God give me power of song;
A voice to thrill the hearts of men,
And make them subjects—slaves of each caprice,
For fires that rage within I'd find a vent
In song. Oh grant me, God, the power of song."

And God seemed not to hear, but gave her Life
To live. To maid and woman sorrows fell
That filled each day and night with pain, until
Of all was left her but a woman's soul,
That yet had learned its lesson well; then came
A beauty in her face unknown, undreamed;

So great her power she feared its wrong appliance
And prayed each day for light and strength,
And music stole into her voice, deep notes
That thrilled men's lives and stirred weak souls to act;
And her power was great beyond compare.
Thus God inscrutable doth answer prayer.

—*Selected.*

Where nurses must have the care of dusting hardwood floors in the sick-room, the labor is greatly obviated by covering the broom with a flannelette skirt, frilled by a margin of about three inches below the broom. It should be cut to fit the handle of the broom and draw on over it snugly. When use of the broom is needed the skirt is easily turned up out of the way. This is an improvement over the ordinary bag with a draw-string.

Department of Nursing Education

Conducted by the Canadian Association of Nursing Education

AN OUTLINE OF THE CURRICULUM OF THE MONTREAL GENERAL HOSPITAL TRAINING SCHOOL

By Miss Edith C. Rayside, B.A.,
Instructress M.G.H.

The training that was considered sufficient for a nurse in days gone by is no longer adequate to fit her to meet the demands made upon her to-day, not only by the medical profession, but by the public at large. It is now conceded everywhere that the nurse is no longer merely a bedside attendant who is expected to perform a few practical duties; nor, indeed, is she called upon to merely serve the needs of a single institution—she must be prepared to serve the whole community; and not only that, but she must be prepared to meet conditions as she finds them in different kinds of communities. Our viewpoint, therefore, in regard to her training, has been widened to include these varied and increased demands, and so the curriculum of any training school must be framed and changed from time to time to suit new conditions. No two hospitals exist under the same conditions, and each one must work out its problems in regard to its training school; yet there should be a certain uniformity maintained by all, so that a workable standard of training may exist throughout the country.

"A curriculum does not operate of itself; it is dependent on persons and conditions to give it life." Let the teachers be ever so good, they cannot be expected to do justice to any curriculum, no matter how favorable all the other conditions may be, if the pupils in the training school are laboring under the handicap of long hours. Not until an eight-hour day of practical work is the maximum required can any satisfactory scheme of training be carried on.

In the Montreal General Hospital the probationary period extends over four months. Twelve weeks are spent in the classroom, with the exception of an hour each morning, when the probationers are assigned to various wards, where they assist in making beds, and one hour in the afternoon they again go on the wards to fold and put away linen.

The following subjects are taken up at this time: Anatomy and physiology, bacteriology, chemistry, hygiene and sanitation, nursing theory and practical demonstration, bandaging, drugs and solutions, dietetics, ethics of nursing, history of nursing, household economy.

Lectures on ethics of nursing are given by the superintendent of the training school. Bacteriology and chemistry are taught by two of the doctors in the laboratory, where the students carry out experiments. Dietetics is taught by the dietitian in the diet kitchen, equipped for teaching. The other subjects are taught by two instructors, one taking up the practical work and the other the theoretical. Good, practical work must always be built on a sound theoretical foundation, and the aim at all times is to correlate the subjects.

During this classroom period the pupils' time is divided as follows: Practical work, two hours; lectures and class, five and a-half hours; study, two hours; recreation, two and a-half hours.

In the junior year, eight months, studies in anatomy and physiology and nursing theory and practical demonstration are continued, and, in addition, massage, materia medica and elements of pathology.

In the intermediate or second year, twelve months, studies in nursing theory and practical demonstration are continued, the more complex treatments are taught at this time, more advanced lectures in bacteriology are given, work in social service, outdoor department, infectious diseases. Special lectures are given by doctors on surgical and medical diseases, gynaecology, diseases of eye, ear, nose and throat, anaesthesia, mental and nervous diseases, dental work, orthopedics and pediatrics.

The senior or third year, twelve months, is taken up with nursing in the treatments of special diseases, dietetics and cookery, metabolism, operating-room, obstetrics, administration and executive experience. Lectures on the general survey of the nursing field are given from time to time by special lecturers in the different fields of nursing work, so as to give the pupil nurse an opportunity of choosing the special field in which she feels she may be of the greatest service.

This paper was written with the hope that an outline of the curriculum of other training schools may appear in this department from time to time for the mutual benefit of all concerned.

All thoughts, all creeds, all dreams are true,
  All visions wild and strange;
Man is the measure of all truth
  Unto himself. All truth is change:

All men do walk in sleep, and all
  Have faith in that they dream:
For all things are as they seem to all,
  And all things flow like a stream.

Οἱ ῥέοντες.

The World's Pulse

By Elizabeth Robinson Scovil

Protest Against Home Lessons

A petition, protesting against children being obliged to learn school lessons at home, has been signed by 1,005 parents and guardians, representing 1,605 children, and presented to the education committee of Bradford, England. Teachers are paid to teach children, and the work should not be shifted to the parents at home.

Aerial Mail

Letters have been sent by airplane from St. Johns, Nfld., to St. Anthony's, in Northern Newfoundland, where one of the Greenfield hospitals is situated. The airplane is later to be used as a patrol for the sealing fleet. Mail was carried from San Francisco to Hazelhurst, N. Y., in thirty-three hours and twenty minutes. The mail was transferred from plane to plane in a relay flight ordered by the Post Office Department to establish a new cross-continental mail plane record.

An Historic Bible

The Bible used by President Harding, when he took the oath of office as President of the United States, is the same one used at Washington's inauguration. On that occasion the Bible was borrowed from St. John's Masonic Lodge. It has remained in the possession of the lodge since that time. It was found that there was no Bible in the Federal building, and this one was hastily procured for Washington's use.

A Remarkable Record

The Montreal Maternity Hospital reports that, of the 1,125 patients cared for during the year, only nine died. There was no death among the 374 mothers attended at their homes. Dr. W. W. Chipman, the medical superintendent, congratulated the doctors, nurses and social workers on their success.

Wireless in the War

In an address to the McGill Alumnae on wireless, particularly in naval warfare, Dr. Eve stated that one of the best systems of direction-finders in operation is on the east coast of Canada, at Cape Race, Chebucto and Canso. By means of the direction-finders the position of a ship sending out wireless messages can be ascertained with extraordinary accuracy. Messages can be sent to them, which will enable them to find their way safely through fog to their port.

Leprosy and Tuberculosis

Experiments are being conducted in Hawaii to determine the value of chaulmoogra oil in the treatment of tuberculosis. There are many points of similarity between the germs of the two diseases, and the remedy that has been effectual in combating leprosy may be of value in tuberculosis.

Daylight-Saving in England

Daylight-saving begins in England on April 2nd, at midnight, and ends at the same time on October 3rd.

Do Not Desire War

Ex-President Taft, in an address in Montreal, said: "If there is a subject upon which there is heartfelt, unanimous and enthusiastic agreement between the young men of Great Britain, Canada and the United States, it is that they have had enough of war." He believes that the close union of the English-speaking nations is one of the real grounds for hope of the world's peace.

Chinese Girl Students

There are 200 Chinese girl students in Paris, who have been sent to study there by the Peking Government. There are four girl students in London, the daughters of wealthy Chinese, studying at different schools. One is at the Royal Academy of Music; she intends to return to China when her education is completed. Another is studying drawing. They live in private houses.

Extending Life

J. S. Huxley, of Oxford, has stated that a considerable measure of control over the life-cycle of a great many animals, and also man, will be obtained. Experiments have shown that it is possible to modify the rate of growth and the length of the period of growth, and thus prolong life. A worm has been kept at the same age (that is, in the same lively activity), while the rest of the brood passed through nineteen generations. This period, if translated into human terms, would take us back to Chaucer.

Climbing Mount Everett

An attempt is to be made to climb Mount Everett, in the Himalayas, 29,140 feet high, the highest mountain in the world. The expedition is to be led by Colonel Bury. Next year, when the actual trial is to be made, it is hoped that Brigadier-General the Hon. G. C. Bruce, who originated the idea and has an unrivalled knowledge of the Himalayas and their people, will be in charge.

What is life, that we should moan? why make we such ado?

—*The May Queen.*

C. A. M. C. Nursing Service

The following extract from the report of the committee on the Canadian Nursing Mission to Roumania should prove of interest:

The mission left Montreal on November 7th last. On arrival in Paris, owing to a change in passport regulations, the party was obliged to divide, four of the nurses going out at once to Bucharest, the remaining four following later. The members of the mission were reunited on December 1st. Their luggage and twenty-two cases of supplies reached the destination safely, as did several additional cases forwarded by freight.

Miss Cotton and her staff were cordially welcomed by Her Majesty the Queen, and taken in charge by Dr. Mamulea, the King's physician. They were lodged in the Regina Elizabeta Home, which is described as a large, comfortable residence on the Chaussee Kiselieff. It was the intention of the Queen to install the Nursing Home in this building, but, owing to lack of material for the changes considered necessary by Miss Cotton, it was decided to adopt the plan proposed by Dr. Mamulea to make it the residence of the mission only for the time being. Reforms are always difficult in their inception; on the one hand, the Roumanians, being extremely dissatisfied with present conditions, were anxious to change them, but they have not the proper facilities to make the drastic reform (practically the rearrangement of the entire system of their hospital) which the Mission advised. On the other hand, members of the Mission were face to face with such primitive conditions, and ignorance on the subject of nursing, that they hardly knew where to begin. In passing, it may be said that the ravages caused by the war are tragically impressed on visitors to Boucharest at present.

The situation required much good-will and adjustment on both sides, and nearly eight weeks passed before a proper basis for beginning the work could be arrived at. During this time Miss Cotton consulted with Madame Bratiano (the wife of the former Prime Minister), the representative of the International and Roumanian Red Cross Societies, the chief of the College of Surgeons, and other doctors; she visited the hospital at Bucharest, and had several audiences with the Queen. It was finally arranged that the Mission take over four wards, two surgical and

two medical, in the Coltzea, one of the largest hospitals in Bucharest, for demonstration purposes. An automobile was placed at its disposal from the Royal garage to convey the nurses to and from the hospital, which is two miles distant from their residence.

The classes are at present composed of peasant women who were already in the hospital. In the meantime, the committee here is endeavoring to make an arrangement with the International League of Red Cross Societies, which has taken the Mission under its patronage, to have the Canadian nurses and the league's public health workers occupy some building in close proximity to the Coltzea Hospital, and put their resources together, opening an independent training school, under the direction of the league's doctor, Dr. Habgood. This should offer inducements to cultured women to enter the training school, and thus fulfil the object for which the Mission was sent.

The hospitals are almost entirely destitute of linen, the greater part of it having been carried away by the Germans during their occupation of Bucharest, so that at present the women attendants on the sick are bare-footed, and lack everything in the way of suitable clothing and the adjuncts necessary for the proper performance of their duties.

In order to put the wards, over which the members of the Mission are presiding, in a normal condition, Madame Pantazzi has made an appeal for the outfitting of beds and clothing of probationers, and has met with a generous and sympathetic response, especially from a number of chapters of the I. O. D. E.

During the trying weeks preliminary to starting work in the Coltzea Hospital, the Canadian nurses showed such good humor, patience and excellent judgment as to compel the admiration of all those who came in contact with them. Queen Marie writes that she is exceedingly pleased, and that no better choice could have been made. Her lady-in-waiting, Madame Lahovary, expresses great surprise that rumors of political unrest in Roumania are widespread in America, and energetically contradicts them.

The last report from the nurses (written February 7th) tells of all being in good health, and mentions that Colonel Boyle, a Canadian resident in Bucharest, has shown them much kindness and hospitality.

Lady Muriel Paget, with whom Miss Cotton worked in Russia during the war, is at present in Bucharest, and interesting herself in the matter of putting the Mission on a permanent footing.

* * * *

March 29th, 1921.

DEAR MATRON-IN-CHIEF:

The temptation to unburden my soul in these columns has for long itched my pen. To know there is a corner where, hedgehog fashion, one may come out, make her bow and retreat at will, is in itself a joy. In

the daily round of duties I am heartened by the knowledge that in these pages may be found outlet for the recollections that surge and surge and will not be stilled. If a tolerance is established, my pen shall frequently be directed C.A.M.C.-wards. Whether my mood be gay or sad, I feel it will find ready response in the hearts of war comrades, more especially in those who formerly made merry with, or frowned for me, as need arose. Dear companions of my physically weariest days; cherished sharers of work and recreation; time and separation serve but to enhance my admiration and affection. To fellow-workers, as well as to the maimed and suffering, you brought hope, inspiring all to be of good cheer. Your example ennobled and struck dumb before utterance any unworthy thought of self. When heaven's tears showered upon the fair fields of France, your calm strength gave me vision to see sun through the mist. Dear Sisters-in-Arms, were our "Lady of the Snows" to enwrap me in her iciest mantle and, perforce, heap upon me the snowclad Rockies, I should still grow warm at the thought of the work and companionship we were privileged to share within sound of the guns. Not all the snows of the Alps and the Rockies combined could efface such memories. As I have allowed these last to over-ride the original purpose of this letter, I shall reserve the chief object in view for a later number. In the meantime, to your keeping, Matron-in-Chief, I entrust my identity. To you, gentle reader, in the full confidence that loyalty may surmount rooted objection, I confess myself the "Cousin with the College Education." Whilst this confession may not, perchance, exude the all-pervading fragrance of the "Mayflower," it breathes none the less sincerity of sentiment.

(Signed) "CAULIFLOWER."

* * * *

"NOTHING TO DO"

By an ORDERLY,
No. 2 Canadian General Hospital, Le Treport

"Orderly! Orderly! Come *'toute de suite'!*"
"This locker is scandalous—make it look neat."
"Arrange all those ash-trays to dress by the right,"
"Clean all the sputum-cups. My! what a fright!"
"Look at the grey dust under the bed!"
"The stoves they need cleaning—they're positively red!"
"That floor's a disgrace—you must scrub it to-day."
"And clean all the windows without further delay."
"Have you brought the clean linen, and gone for the drugs?"
"Try the Red Cross for linoleum rugs."
"Bees-wax the oilcloth and sand-scrub the table,"
"Polish the brasses and get a leg-cradle."
"How you put in your time with duties so few"
"I don't understand—you have *nothing to do.*"

"Orderly! Orderly! Come this way!"
"Where under the sun do you stay all day?"
"Bed No. 40 needs to be screened,"
"See that my office is thoroughly cleaned."
"There are sixteen new 'stretchers' who ought to be bathed."
"On number one they will operate, he must be shaved."
"Take those kits to the pack stores and get out the 'Blues'."
"And when you get back just label those shoes."
"Was there ever an orderly more of a sinner?"
"Go for the rations—and get out the dinner."
"I'll complain to the Sergeant, or else the M.O."
"I'll put up with this Orderly no longer! NO!"
"I'm worked half to death and kept in a stew."
"While the Orderly really has *nothing to do.*"

"Orderly! Orderly! Who's in charge of this Ward?"
"Let him pick up the paper out there in the yard."
"Do you think that an Officer inspects just for fun?"
"Look at the coal shed—have it properly done."
"The latrine is a germ-breeder! Do you know what I think?"
"Half of you Orderlies should be in the 'Clink.'"
"You'll be up for office before you get through."
"You have plenty of time and *nothing to do.*"

"Orderly! Orderly! Fall in on parade,"
"'Tis the O.C.'s inspection of the soldiers, he's made."
"Shun! Dress! and form fours, and then form 'two deep'!"
"Rear rank back two paces—Lord! the dressing you keep."
"Brasses polished and shoes shined? Did you shave at Reveille?"
"This man needs a hair-cut—'C.B.' for McNally"
"You men are untidy—a disgrace to the Corps"
"Improperly dressed—'This won't win the War.'"
"Your cap is on crooked, your boot-laces crossed."
"Your 'esprit de corps' is more hopelessly lost."
"You must make an improvement before next Review."
"You have plenty of time from dawn to 'tattoo.'"
"You Orderlies—really Have *Nothing to Do.*"

"Orderly! Orderly! Where's the man gone?"
"Why doesn't he hustle his work along?"
"A Matron indeed has enough to O'ersee,"
"Without being bothered by such creatures as he."
"When 'General Debility' visits to-day"
"With 'Lady Top-Heavy' I know what he'll say,"
"This ward is the worst he ever did see."
"And it's the Major's—It should be 'le dernier Cri.'"
"Scrape all the papers from that old biscuit tin,"
"See that the 'cooks' have things neat as a pin."

"If you want to see kitchens go to Ward 44."
"Mind—all those pillows face away from the door."
"The pyjamas for Convoys—on the bed—in the Centre"
"Your Ward will look business-like then when you enter."
"Have it all done by ten, when the General comes through."
"You have plenty of time and *Nothing to do.*"

"Orderly! Orderly! Bring me a drink!"
"These Orderlies really are too lazy to think."
"Straighten my pillow! An then close the door,"
"Can you get a gramaphone from Ward 24?"
"Will you go to the Canteen and get me some Fags?"
"This shirt it needs changing—'tis all gone to rags."
"Would you cash me this order, and this letter post?"
"I don't know which Orderly neglects me the most."
"I wanted the night man to rub up my spine."
"I waited till Dawn—You should be up the line."
"You don't know what work is—until you 'Stand to.'"
"You 'safety first Blighters' have *Nothing to do.*"

"Orderly! Orderly! Now it's 'Lights Out."
"You can now take your rest without any doubt,"
"And dream of the glory you enlisted to Win
"On the Red Field of Honour, in the Battles Fierce Din."
"Where you rescued the wounded and did a man's work
"And weren't a 'chamber-maid' bossed by a skirt.
"But alas! as the warp of the woof of your dreams"
"Comes the Hospital 'tank' and the dread 'submarine'"
"And the bugles 'fall in' comes ringing so clear"
"Orderly! Orderly! a convoy is here—"
"So you rise up at midnight and gird on your sling"
"And carry the stretchers until the birds sing."
"Of 24 hours you have laboured quite 20."
"I'll leave it with you if that isn't plenty?"
"Ye Gods! When will Peace come and bring us our due"
"When the Orderly really has '*Nothing to do.*'"

(Signed) ORDERLY C.

* * * *

Nursing Sister S. Persis Johnson, M.R.R.C., convalescing in California, writes that the climate and general restfulness of San Diego is only exceeded by the extreme cordiality of its residents.

Nursing Sister E. G. Black, engaged in private nursing in Paris, France, is much encouraged by the success attending her venture in that field.

Matron E. Russell, M.R.R.C. and Bar, has accepted an important hospital appointment in the American Colony at Paris.

Nursing Sisters Mary and I. A. McCuaig are in charge of a hospital at Macleod, Alberta.

Nursing Sisters M. B. Aitken and Elinor N. Wade are taking a one-year course in public health at the University of California.

Nursing Sisters I. B. F. Muir, A.R.R.C., and Lucy White are engaged in private nursing in Los Angeles, California.

Nursing Sister M. E. Shearer has an appointment at the Royal Alexandra Hospital, Edmonton.

Nursing Sister Irene Brady is holidaying in New York. She is seriously contemplating accompanying her sister, Mrs. Keefer, to Constantinople, where the husband of the latter is resident.

Nursing Sister Marion Ruddick, M.R.R.C., who has been with the British Serbian Relief Force in Serbia and Montenegro for the past eight months, has latterly been in charge of a hospital at Metrovitza. As the work is now finished, Sister Ruddick is spending a few weeks' holidays in Athens before returning to England.

Nursing Sister E. W. Odell, M.R.R.C., has resigned her appointment (charge of the men's surgical floor) at the Tacoma General Hospital. The post of instructress at the Tacoma General Hospital and the Regina General Hospital respectively was subsequently offered her, but Sister Odell felt in need of a holiday. This is being spent at Santa Ana, California. Accompanying her from Seattle, and also holiday-bound, were Nursing Sisters Laura Adams, E. M. Aldous, M. E. Sunley, A.R.R.C., L. G. and V. Larter. Amongst those at the boat to see the party off were fifteen C.A.M.C. Sisters.

Nursing Sisters L. I. M. Curry, M. Duncan, B. Macdonald and D. B. Moss are established in Seattle.

The article, "How I came to the Q.A.I.M.N.S.R. and Found the War," in the March issue, is by Nursing Sister L. M. Leitch.

On April 1st, Nursing Sister E. De Merrall, A.R.R.C., opened at Skouly, Nybarg, Denmark, a home for young ladies—preferably those with no parents—who desire to acquire a knowledge of English and "how to take good care of themselves"—the prospectus naively adds. The house has a forest at the back and is charmingly situated in a pretty garden with grounds extending to the waterfront. The circumstance that many more applicants than the accommodation of ten admits has encouraged Mrs. De Merrall to consider building a large school next year.

The death took place on February 23rd of Mrs. S. Nelson (nee Nursing Sister Dora Pelletier). No further particulars are to hand. Sister Pelletier was a graduate of Holy Cross Hospital, Calgary, class 1916. In May, 1917, she proceeded overseas. She served alternately with No. 10 Canadian Stationary Hospital at Eastbourne, England, and Calais, France. In July, 1919, she returned to Canada. Of specially pleasing personality, Sister Pelletier made many friends in the service,

to whom the news of her death will prove a shock. Her marriage to Mr. Nelson was solemnized in August, 1920.

Sympathy is extended to Matron K. O. McLatchey, M.R.R.C., on the death of her mother, which occurred recently.

* * * *

In the presence of a large gathering, composed of her brother and many comrades of her service overseas and hospital training days, including officers and men of the district, members of the medical profession and nurses, the memorial tablet erected by the graduate nurses of the Hamilton General Hospital Alumnae Association in the entrance hall of the General Hospital, in honor of Nursing Sister Mae Belle Sampson, was unveiled on December 14th, 1920. Miss Fairley, lady superintendent of the hospital, and Mrs. George O'Brien received those who came to do honor to the late beloved nurse, and T. H. Pratt, chairman of the board of hospital governors, was chairman of the ceremonies, which began at 3 o'clock.

A guard of honor of overseas men, under Sergt.-Major John Anderson, M.C., was drawn up at each side of the tablet, and immediately following the unveiling by Dr. W. F. Langrill, superintendent of the General Hospital, a bugler sounded the Last Post, which was followed by a minute's eloquent silence, the gathering standing. Rev. Dr. Renison opened the proceedings with prayer.

An impressive address was delivered by Lieut.-Colonel J. Edgar Davey, in which he emphasized the fact that the tablet to Nursing Sister Sampson's memory was a tribute to the best type of womanhood, of which she was such a glorious example. Col. F. S. L. Ford, C.M.G., Assistant Director of Medical Services, Military District No. 2, attended the ceremony, and, in a brief address, paid eloquent tribute to the service and personality of Sister Sampson.

Honor Roll Unveiled

Another ceremony took place, following the conclusion of the unveiling of the handsome bronze tablet to Miss Sampson. That was the unveiling of the honor roll to the Hamilton nurses who enlisted for service during the war. Handsomely illuminated and embellished and bearing the names of the local nurses, and decorations of national emblems, it is a work of art of which the hospital authorities are very proud. It was presented to the institution by William Bruce, one of the city's most versatile men; and many admiring comments were heard concerning the honor roll, in view of its beauty and its designer's age, 88 years.

Colonel Rennie Officiates

Colonel Rennie performed the ceremony of unveiling, congratulating the alumnae on commemorating the names of the nurses, and making a brief but appreciative reference to the work the Canadian Sisters

had done in France and other theatres of war. Rev. Canon Daw also had a few sincere words of appreciation for the doctors and nurses, and expressed his admiration of the spirit of the meeting.

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Nursing Sister Catharine E. Irwin is a student with the Faculty of Public Health of the Western University, London, Ont.

Nursing Sister C. L. McNaughton has resigned her appointment at St. Anne de Bellevue Hospital. With her sister, she is spending the winter months at Long Beach, California.

Nursing Sister Pearl L. Morrison is now assistant superintendent of the Sarnia General Hospital.

LIFE OF A NURSE

The world grows better, year by year,
Because some nurse, in her little sphere,
Puts on her apron, grins and sings,
And keeps on doing the same old things:
Taking the temperature, giving the pills,
To remedy mankind's numberless ills;
Feeding the baby, answering bells,
Being polite when the spirit rebels;
Longing for home, and, all the while,
Wearing the old, professional smile;
Blessing the new-born baby's first breath,
Closing the eyes that are still in death;
Taking the blame for the doctor's mistakes—
Oh, dear! what a lot of patience it takes!
Going on duty at seven o'clock,
Tired, discouraged, and ready to drop;
But called back on special at seven-fifteen,
With woe in her heart (it must not be seen).
Morning, evening, noon or night,
Just doing it, ever hoping it's right.
When we lay down our caps and cross the Bar,
Oh, Lord, will You give us just one little star
To wear in our crown, with the uniform new,
In that city above, where the Head Nurse is You?

EVA M. SPENCE.

Of all the crowns that ever were awarded, the crown of simple patience is the best.—WILLIAM WINTER.

Hospitals and Nurses

NOVA SCOTIA

Miss Jennie Grant, Massachusetts General Hospital, the newly-appointed superintendent of nurses, Victoria General Hospital, Halifax, has entered on her duties. Miss Gladys Strumm, who has been substituting in the position during the winter, is spending a vacation at her home, Mahone Bay, N. S.

Very sincere sympathy is extended to Miss K. O. McLatchey, matron of Cogswell Street Hospital, on the death of her mother, and also to Miss F. M. Rice, who has recently lost her father.

At the annual meeting of the Halifax Children's Hospital much interest was taken in the "Rainbow Ward," which has been furnished and endowed by the Children's Rainbow Club, of Nova Scotia. The energies of this club are directed by the editor of the children's page of the *Evening Mail*, Halifax, who, under the name of "Farmer Smith," writes most charming letters to the Rainbow Circle.

The March meeting of the N.S.G.N.A. was held on the 5th ult., Miss Graham presiding. After the usual business Miss Graham was appointed delegate to the convention in Quebec, and other important matters were discussed. A lecture on "Voice Development" was then given by Mrs. S. Stead.

* * * *

NEW BRUNSWICK

ST. JOHN, N. B.

The nurses of the General Public Hospital Alumnae, in aid of the furnishing fund for the new home for nurses, held a tea and sale in the V.O.N. Home recently. The rooms were beautifully decorated, and in keeping with St. Patrick's Day ideals. Miss E. Mitchell, the president, was general convener, assisted by many of the members. A considerable sum was realized for the purpose intended.

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QUEBEC

At the March meeting of the Montreal General Hospital A. A. an address of unusual interest was given by Dr. F. G. Shepherd. His subject was the "History of the M. G. H." In his address he stated that, with the exception of the Hotel Dieu, the M. G. H. was the oldest hospital in Montreal, dating back to 1819, in the reign of George IV. The corner-stone was laid in 1821, and the building opened for patients in

1822. It has also the distinction of being the first hospital on the continent to introduce bedside clinics and teaching of medical students.

Miss Young, superintendent of nurses, and Miss McCannon attended the meeting of registered nurses recently held in Sherbrooke, Quebec.

Miss J. Jamieson (1921) has been taken on the staff as one of the operating-room assistants.

Miss Carrie Davis (1920) has taken a position in St. Luke's Hospital, Ottawa.

Miss Jackson is taking a course in anaesthetics in the hospital.

Mrs. L. Dow (1907) and Miss Jean Home (1918) are patients in the hospital at present.

About 165 Royal Victoria Hospital graduates were present at the dinner given by the Alumnae to the graduating class at the Ritz-Carlton Hotel, March 10th. The tables were prettily decorated with flowers, and ribbon in purple and gold. After the usual toasts had been given and responded to in an unusually happy vein, an enjoyable hour was spent in dancing and conversation.

The graduation exercises of the class of 1921, R. V. H., were held in the Nurses' Home on the afternoon of March 2nd. Sir Vincent Meredith presented diplomas to forty-one graduates. The address was given by Lieut.-Colonel W. G. Turner, M.C.M.D. Mrs. Hannington, superintendent of the V. O. N., also spoke to the class and their friends. Tea was served in the dining-room after the exercises.

Miss Amy McNish, '12, is leaving shortly for the Peace River District, where she and two other returned Nursing Sisters are taking up land. We wish them every success in their undertaking.

The engagement is announced of Miss Nell King, '15, daughter of Rev. and Mrs. J. B. King, of Grand Falls, N. B., to Charles Edward Bell, of Victoria. The wedding will take place this month.

Miss Hersey and Miss Hall left recently for Bermuda on a holiday trip.

Miss Sutherland, '16, night superintendent of the Ross Memorial, has been called home by the illness of her father.

A very pleasant tea was recently held for the class of 1917 by one of its members, Miss Alice Mount. Only eight of the twenty-eight members were able to be present, but letters were received from many of those absent ones, and a jolly time was enjoyed by those fortunate enough to be present.

Jeffery Hale's Hospital

At the March meeting of the Alumnae the members enjoyed an address from Miss Jean Wilson, for some years superintendent of the General Hospital, Moose Jaw, Sask. The speaker gave an outline of the leading topics to be discussed at the conventions, and also spoke on

the emergency nursing work of the Red Cross in Canada. After Miss Wilson's address, Miss Mackie, who is in charge of the industrial nursing with the Donnacona Paper Company, gave an interesting report of her work. The evening closed with a social hour.

Miss D. F. Ford is a patient in the Jeffery Hale's Hospital.

Miss L. Jones was called to Montreal by illness in her family.

* * * *

ONTARIO

OTTAWA

At the meeting of Florence Nightingale Association, February 26th, the members had the pleasure of listening to an address on the "History of Nursing," by Dr. Maude Abbott, of Montreal. The speaker was introduced by Matron-in-Chief Macdonald, who presided. The Florence Nightingale Association has decided to subscribe for two copies of the *Canadian Nurse,* one for the secretary and the other for its convener of the magazine committee.

HAMILTON

Miss Jennings has accepted a position as "field matron" with the Munsey and Oneida reserves.

Miss Lillian Morden has returned after five years' military service.

Miss Frances Moore is in New York, taking a post-graduate course at Bellevue.

Miss Edna Storms has accepted a position with the Mothers' Pensions Board.

Miss Baird, charge nurse in the O.R. at the Hamilton General Hospital, is now convalescing after an illness of some weeks.

GUELPH

The graduate nurses of Guelph were addressed by Miss Foy, secretary of the G.N.A.O., on organization and kindred subjects, after which she organized a chapter of the G.N.A.O. in Guelph, with the following officers: Chairman, Mrs. Pound; vice-chairman, Mrs. A. Anderson; treasurer, Miss O'Donnell; secretary, Miss O'Sullivan. Meetings will be held the second Monday at the Wyndham Inn.

Miss Louise Hopkins, graduate of G. G. H., is among those who have completed the four months' course of the V. O. N.

BRANTFORD

The monthly meeting of the B.G.H.A.A. was held March 1st, with an excellent attendance. An interesting programme was given, and much business transacted. Miss Robinson was appointed delegate to the G.N.A.O. convention. Through the magazine, we wish to extend to Miss Pearl Robinson (1916) our deepest sympathy in the loss of her mother, who died in January, in Kitchener.

Miss Georgia Lespis (1919) has accepted a position in the B.G.A. as supervisor of the operating-room.

KINGSTON

The regular meeting of the K.G.H.A.A. was held March 1st, Mrs. G. H. Leggett, president, in the chair. Since January, $100.00 has been spent for linen for the Nurses' Home. Mrs. Leggett, with Miss Lily Rogers as substitute, was appointed delegate to the G.N.A.O. meeting.

All arrangements were made for "Violet Day," to be held on Easter Sunday.

Ten dollars was sent towards the McGill scholarship of the G. N. A. T. N.

The Alumnae regret much the loss of one of its valuable members, Mrs. R. M. Filson, who, with her husband, left for Ste. Anne de Bellevue, where Major Filson has accepted a position. Mrs. Filson is a graduate of K.G.H., 1916.

A kitchen shower was given in Kitchener recently for Miss Florence Wood, who is to be married shortly. A most enjoyable evening was spent.

TORONTO GENERAL HOSPITAL

Mrs. A. L. Davis gave a tea, March 23rd, in honor of her classmate, Miss Harriet Thompson, of India, who is home on 18 months' furlough. Miss Thompson has been superintendent of a training school for native girls in a 65-bed hospital in India. She was also a guest at a tea given for the class of 1894 at the residence of Mrs. Tweedie. Among those present were Mrs. Arthur Paffard, Mrs. Mill Pellatt, Mrs. N. Hillary Aubin, Miss Lennox, Mrs. Davies, Mrs. Bell and Mrs. McKerrihan.

TORONTO WESTERN HOSPITAL A. A.

Eight members of the Alumnae Association have been asked to become members of the ladies' board of the hospital. The members appointed have always taken a keen interest in the affairs of the hospital; two of them were overseas and have the R.R.C.

Miss McAfee, late assistant superintendent at the T.W.H., is now in charge of the school at Binghampton City Hospital, Binghampton, N.Y. With Misses Grills Hall, Walcot Cunningham as her assistants on the staff.

Miss Ruth Welshead, gold medalist (1918), has accepted a position in the Cambridge Hospital, Cambridge, Mass.

Miss R. Beamish and Miss Langman have accepted positions in the Homeopathic Hospital, Rochester, N. Y.

The T.W.H.A.A. have made arrangements to have two tablets placed in the corridor of the hospital. One is the honor roll, showing the names of 34 graduates who served overseas, and the other in memory of Miss Lena Davis, who died while on duty overseas. The latter

was unveiled at the T.W.H., December 3rd, by Col. J. A. Roberts, O.C., of the University Base Hospital unit, with which Miss Davis served at Salonica. The inscription is, "In loving memory of Nursing Sister Lena Alva Davis, graduate of class 1908. Born at Beamsville, Ontario, 1885. Died serving her King and Country at Basingstoke, England, February 21st, 1918. This tablet is erected by the Alumnae Association."

London

A plan to take over the theoretical work of the Victoria Hospital, London, with a view to establishing a five-year course leading to a degree of nursing, is being considered by the Western University, London, following a proposition of Miss Stanley to them previous to her retirement from the position as head of the training school. The hospital board endorsed the plan, and the University Senate will act on the proposition and decide at their next meeting. Three years in the hospital, with two years in the university, will then lead to the degree of Bachelor of Nursing. This is done in the University of British Columbia at the present time. It is hoped that, if the Senate are favorably inclined, it may be put into effect at the autumn session.

Miss Elizabeth Ross, graduate of Montreal General Hospital, who succeeds Miss Stanley as head of the training school of Victoria Hospital, assumed charge April 1st. She has had a wide experience in executive work, and has taken a course in Columbia University in hospital administration. She served overseas from 1915 to 1919, and, on her return, took up her duties in the Woman's Hospital, New York, where she remained till offered the position in London.

At a meeting of the St. Joseph's Hospital A.A., Miss K. C. McDonnell was selected as delegate to the convention of the G.N.A.O.

The Victoria Hospital A.A., at a recent meeting, endorsed the plan of a women voters' organization, as outlined by the Local Council of Women, and Mrs. Walter Cummins, Mrs. James Stapleton and Miss A. McKenzie were appointed delegates to the council.

Miss D. Hutchison and Miss Agnes Malloch were appointed delegates to the G.N.A.O. convention in Hamilton.

Miss Florence McMillan, graduate of the Sick Children's Hospital, Toronto, has accepted a position on the child welfare staff. She is the fourth nurse now doing that form of public health work.

The following members of the V.H.A.A. were successful in the Institute of Public Health mid-year examinations in professional public health courses: Mrs. P. A. Allison, Mrs. A. Stapleton, Mrs. Patterson, Miss F. Waugh, Miss C. A. Fraser and Miss Bertha Smith.

Miss Margaret Stanley, honorary president of the V.H.N.A.A., was "at home" to the members on Thursday afternoon, March 17th, and a very large number of the nurses availed themselves of this opportunity to spend a delightful few hours. Representatives were there from each

class of nurses who trained under the superintendency of Miss Tye, Miss Murray, Miss Mayou and Miss Stanley. On behalf of the association, Miss Della Hutchison, president, in a few well-chosen words, presented Miss Stanley with a mahogany dinner-wagon, a farewell gift. In replying, Miss Stanley thanked the members, and, in her usual charming manner, commented upon their loyalty to their Alma Mater, to each other, and to themselves, and urged that the same loyalty, respect and hearty co-operation be meted to the incoming superintendent of the training school for nurses, Miss Ross, as had been unstintingly shown to herself during the past fifteen years. Miss Stanley, owing to ill health, resigned from her position as superintendent of the training school. Too much cannot be said of her executive ability, and it is to her efforts that Victoria Hospital graduates have risen to such a high state of efficiency. The standard of our profession has been magnificently upheld by Miss Stanley, and we, who have been privileged to know her and have profited by her wide experience, are more than delighted that she will continue to reside in London, Ontario, where she has made a host of friends.

* * * *

MANITOBA

Brandon

A most successful masquerade dance was held recently under the auspices of the Brandon G.N.A., the music of which was supplied by the G.W.V.A. orchestra. The dance was given to complete the diet kitchen at the new hospital, and the proceeds amounted to $130.00. This dance was such a success that the nurses intend to have another later in the season.

St. Boniface Hospital

Dr. and Mrs. R. L. Hurst entertained the Alumnae on St. Patrick's evening at their home, and a thoroughly enjoyable evening was spent with cards and dancing.

Miss K. Farrell is again on duty at the hospital after convalescing at her home in Yorkton, Sask.

The sympathy of the A.A. is expressed for Miss Smow, who recently lost her small brother.

* * * *

BRITISH COLUMBIA

Merritt

The graduation exercises of the Nicola Valley General Hospital were held March 22nd. Medals, newly designed and showing the industries of the section of that country in miniature, were much admired and presented to Misses Gladys Batten and Mary Bond, the two graduates of this year. The address to the graduating class was given by

Judge Swanson, of Kamloops, and short addresses were also given by Drs. Tutill and Gillis. After the formal part of the exercises were over the friends and relatives adjourned to the new home for the nurses, where a most enjoyable evening was spent.

St. Joseph's Hospital, Victoria

Miss M. Howard and Miss E. MacDonald have been appointed correspondents for the *Canadian Nurse*.

Miss Ethel Saunders is on duty at Work Point Barracks.

Miss M. Arent, '16, has been appointed one of the instructresses at the Vancouver General Hospital.

Miss J. Forshaw, '15, V.O.N. provincial organizer, has been transferred to New Brunswick.

Mrs. McWaters (J. M. McKenzie, '15), Misses V. Walker, B. Ross, B. Gamble, E. dePfieffer and Sangster are on staff duty at the Kelowna Hospital.

Miss G. Smith is matron at the Campbell River Hospital, with Misses Robson and Hunter on the staff with her.

Misses C. Hagan and W. Wilcock are on staff duty at the Cumberland Hospital.

A most successful dance was held at the Alexandra Club by the Alumnae. The rooms were beautifully decorated for the occasion, and about 400 people attended.

The graduation exercises of St. Joseph's Hospital took place March 31st, 1921, when the following nurses graduated: Misses L. Manifold, E. Stuart, L. Swanson, G. Ledingham, G. Curtis, F. McCaffrey, M. Mason, M. Byrd, L. Graham and D. Taylor. The exercises were held at St. Ann's Academy, and a most interesting programme enjoyed by all present. Dr. Fraser presented the diplomas and medals. Miss Grace Curtis won a gold watch, presented by Mr. A. A. Clayton, for highest marks in surgical nursing examination. The bursary, presented by the V.G.N.A. to the most efficient work done in the first year, was won by Miss Beryl Thompson. Addresses were given by Bishop MacDonald, Rev. Father O'Boyle, director of Catholic hospitals in B. C., and by Dr. Barrett, president of the board. A musical programme preceded the presentation of diplomas and pins.

Royal Jubilee Hospital

The first annual meeting of the Alumnae Association was held March 14th, in the Nurses' Home, Mrs. Chambers, vice-president, in the chair. The secretary's report showed splendid work done by the association during the year—among other items, the annual ball of the association, which netted $383.00, and a cabaret, bringing in $64.00, which has been deposited toward furnishing the women's ward, which has been taken over as the work of the association. The graduating

class had been tendered a tea, which was much enjoyed. The treasurer's report showed $452.54, of which $300.00 was voted to be used for equipment of the women's ward.

The following were elected officers for the year: President, Mrs. Bullock-Webster (first graduate of the training school); first vice-president, Mrs. Johnson; second vice-president, Mrs. Harwood; secretary, Miss Sears; treasurer, Miss Hall.

After the meeting a dainty supper was served, the tables being decorated with daffodils and violets.

The April meeting of the V.G.N.A. was held on the 5th, Miss Morrison in the chair. After the usual business, the sick benefit was reviewed. All members paying $3.00 annually are entitled to $10.00 for five weeks' illness, if application is made and accompanied by certificate from doctor.

It was decided to assist the Red Cross in caring for a special case which was reported to the association.

Through the kindness of the Y.M.C.A., a series of local views were shown on the screen.

The Vancouver Graduate Nurses' Association held their regular meeting April 6th. After the routine business, plans for the coming fifth annual dance were discussed, and it was decided to hold the dance on Friday, April 22nd, at Lester Court. Further arrangements were left in the hands of an able committee.

Professor F. G. C. Wood gave a most interesting talk from Dickens, especially bringing out the characters of the medical students, doctors and nurses of that time. This address was much enjoyed by all, refreshments later being served.

The commencement exercises of the graduating class of St. Paul's Hospital, Vancouver, were held March 28th, at the West End Academy, Georgia Street. The following nurses were presented with their pins and diplomas: Misses E. L. Johnston, W. M. Harris, L. E. Catherwood, L. M. Law, J. Forrest, O. A. McLarty, F. L. Craske, M. E. McCaig, M. M. Krotschka, L. M. Sherwood, E. C. Finn, B. A. Smith, R. E. Williams, E. A. Horne. The class colors were black and gold, and the motto, "Virtue alone enobles." A most enjoyable time was spent by the graduates and their friends.

The members of the first class of public health nursing at U.B.C. have formed an Alumnae Association, and are keenly interested in its future.

Miss J. Peters has a position with the Rotary Clinic. Misses Griffen, Lancaster, Horman, are with the V.O.N. Misses Ehlers, Cuddy, Thom, MacKenzie are all in stations of the Red Cross nursing service. Miss McKay has gone to Edmonton to do work for the S.C.R. Miss Usher

returned to Ottawa after her course. Miss Hamlen is in Cincinnati; and Miss Lewis is in Washington, doing public health work there. The members of this association promise that this magazine shall be supplied with items of interest about their work.

BIRTHS

ANDERSON—At the Medicine Hat General Hospital, on March 11th, 1921, to Captain and Mrs. Anderson (nee Ada Taylor, R.R.C., V.G.H., 1909), a daughter.

BALCOM—At Victoria, B. C., to Mr. and Mrs. R. Balcom (Edith Dewsett, P.R.J.H.), a daughter, on March 22th, 1921.

CHAMIER—February, 1921, at London, England, to Colonel and Mrs. Adrian Chamier (nee Nursing Sister Edwina Lordly), a second son, Patrick Antony.

MARTIN—On March 9th, at Toronto General Hospital, to Dr. and Mrs. W. E. Martin (Edith Beavis, T.G.H., 1918), a son.

MILLER—October, 1920, at Tomiko, Nipissing District, Ont., to Mr. and Mrs. W. G. Miller (nee Nursing Sister F. E. Ellwood, A.R.R.C.), a daughter.

NORRIS—At Victoria, B. C., March 16th, 1921, to Lieut. and Mrs. T. Norris (Nursing Sister Jean Denoran, P.R.J.H.), a daughter.

PATTERSON—At the K.G.H., on February 12th, 1921, to Mr. and Mrs. Fred. Patterson (nee Mabel Allison, K.G.H., '14), a daughter, Dorothy Mary.

PEECOCK—At the Medicine Hat General Hospital, on February 20th, 1921, to Mr. and Mrs. Walter Peecock (nee Gertrude Murray, graduate of Moncton General Hospital), a daughter.

PORRETT—At Toronto Western Hospital, December 6th, 1920, to Mr. and Mrs. A. M. Porrett (Jean Fasken, T.W.H., 1912), a daughter, Ruth Elizabeth.

SNIDER—At the Vancouver General Hospital, Vancouver, B. C., March 6th, to Mr. and Mrs. E. Harold Snider (Nursing Sister Elinor Bishop, Royal Columbian Hospital, New Westminster), a daughter.

THOMAS—In Victoria, B. C., March 26th, 1921, to Dr. and Mrs. M. W. Thomas (Miss Drury, P.R.J.H.), a son.

MARRIAGES

ANDERSON-CARR—At The Manse, West Lorne, Ont., on November 1st, 1920, Nursing Sister Sophie Louise Carr to Mr. Ernest S. Anderson.

COLE-BARWICK—In Birmingham, Ala., February 20, 1921, Georgie Barwick (1915) to Mr. W. J. Cole.

DAVIDSON-MISNER—At Port Dover, Ont., December 20th, 1920, Nursing Sister Laurel E. Misner to Mr. James Burton Davidson. They will reside in Port Dover.

KEPPEL-GROVES—At Holy Trinity Church, Edmonton, on March 10th, Nursing Sister Caroline Ida Keppel to Capt. Herbert Salmon Groves. The marriage ceremony was followed by a luncheon at the home of Major and Mrs. G. G. Stewart, to which many of the friends of the bride and bridegroom were invited. A unique feature of the marriage ceremony and reception was that all those taking part had served overseas, while the bride, best man, Mrs. G. G. Stewart (matron in honor) and Matron Gamble are recipients of the 1914-15 Medal. After the honeymoon, Captain and Mrs. Groves intend making their home at Tomahawk, Alberta.

LOWE-GIES—In Kitchener, March 17th, 1921, Verna May Gies (K. W. H., '16) to Arthur H. Lowe, of Waterloo, Ont.

MCEWAN-GOURLAY—At the Nurses' Home, Brandon General Hospital, recently, Eleanor Charlotte Gourlay, graduate of the B.G.H., to Mr. Donald Gordon McEwan, of North Brandon.

MACKENZIE-CONNER—On March 9th, 1920, at Snow Flake, Manitoba, Nursing Sister Grace Conner to Mr. J. Mackenzie. Mr. and Mrs. Mackenzie will make their home in the Peace River District, where it is their intention to farm on an extensive scale.

THOMAS-ESSERY—At St. Paul's Church, Palmerston, Ont., March 2nd, 1921, Pauline Gertrude Essery to Mr. Gerald Alexander Thomas. Mrs. Thomas spent three years overseas.

DEATHS

HOUGHTON—On March 19th, at the Montreal General Hospital, Mary Grace Harriet Houghton, a member of the class of 1897.

God loveth thee—O may this thought
Be deeply on thy heart inwrought;
Let its sweet light shine bright and clear
When all around is dark and drear;
Before its beams the shadows flee;
God loveth thee, God loveth thee.

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"If any little word of mine
May make a life the brighter,
If any little song of mine
May make a heart the lighter,
God help me speak the little word
And do my bit of singing,
And drop it in some lonely heart
To set the echoes ringing."

THE PHILADELPHIA HOSPITAL for Contagious Diseases, at Second and Luzerne Streets, Philadelphia, Pa., offers a Post Graduate Course of three months to graduates of registered schools for nurses.

Students have eight-hour duty, including a half day each week and a half day each Sunday. They receive $42.00 per month, Board, Room and Laundry. Seventy (70) hours of instruction are given in the theory and nursing technic in Communicable Diseases.

The next class will enter April 1, 1921. For information, apply to the Supervising Nurse, Philadelphia Hospital for Contagious Diseases, Philadelphia, Pa.

GRADUATE NURSES WANTED for General Duty. Salary $90.00 per month and full maintenance. Apply to Supervising Nurse, Philadelphia Hospital for Contagious Diseases, Philadelphia, Pennsylvania.

GRADUATE NURSES' ASSOCIATION OF BRITISH COLUMBIA
(Incorporated 1918)

AN EXAMINATION of Graduate Nurses from accredited Training Schools will be held in Hospitals in British Columbia having a Training School on Wednesday and Thursday, May 25th and 26th, 1921.

Names of candidates must be in the hands of the Registrar not later than April 25th, 1921.

Full instructions to candidates may be obtained from the Registrar, or at the Hospital in the town where she intends taking her examination.

HELEN RANDAL, R.N.,
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Regular Meeting—First Tuesday of each month, 4 p.m.

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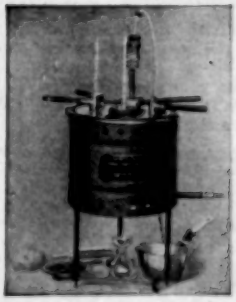

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